

## USABCD: Basic ultrasound guided peripheral nerve blocks - one day course

Exploit the opportunity to participate in a 1-day course about basic ultrasound guided peripheral nerve blocks offered by USABCD.

Basic ultrasound guided peripheral nerve blocks comprise five easily learned and safe nerve blocks permitting effective perioperative analgesia of the upper limb, the lower limb, and the abdominal wall: interscalene block (ISB), infraclavicular block (ICB), femoral block (FEB), popliteal sciatic block (PSB) and transverse abdominal plane block (TAP).

The basic level focus is exclusively on in-plane needle guidance and single shot nerve blocks for perioperative analgesia. The instructors are all skilled experts who have been working with ultrasound guided peripheral nerve blocks on a daily basis for several years. All workshops are carried out with just 4 participants.

**Objective** To endow the participant with theoretical insight and practical skill to achieve proficiency in performing the five basic ultrasound guided peripheral nerve blocks for perioperative analgesia.

**Who can attend and what are the required pre-course qualifications?** The course is for anesthesiologists who want to become proficient in basic ultrasound guided nerve blocks. No prior experience is required.

**Language** English, if any non-Danish-speaking participants.

**Time & Venue** August 14 & November 6 at Aarhus University Hospital, Skejby.

10:00 Introduction and welcome

10:15 Workshop (ISB, ICB, FEB, PSB, or TAP)

11:15 Workshop (ISB, ICB, FEB, PSB, or TAP)

12:15 Lunch

12:45 Workshop (ISB, ICB, FEB, PSB, or TAP)

13:45 Workshop (ISB, ICB, FEB, PSB, or TAP)

14:45 Break with coffee

15:00 Workshop (ISB, ICB, FEB, PSB, or TAP)

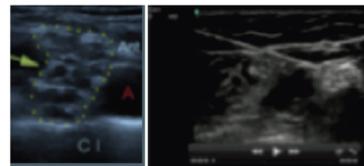
16:00 Evaluation

Optional:

16:15 Certification of theory, basic US guided nerve blocks, MCQ

16:45 Certification of practical skills; demonstration on live models and needle dexterity in gel phantoms

17:30 Evaluation of certification model in progress



### Join the pioneers

The concept of the course is (1) precourse e-learning, (2) hands on workshops, and finally leading to (3) certification.

This new course concept of combined e-learning and focused hands-on workshops has proven very successful. The fully developed e-learning modules will be offered with access via the new USabcd webportal.

From 4 PM to 6.30 PM the participants can try out the certification prototype in progress (optional).

### Course convenor & instructors

† ‡Thomas Fichtner Bendtsen, consultant anesthetist, ass. professor, Ph.D.; § Jens Børglum consultant anesthetist, Ph.D., MBA; †Jan Mick Jensen, consultant anesthetist; † Bo Iversen, consultant anesthetist, \_ Torben Lastrup, consultant anesthetist.

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**Fee** 400 Euros including precourse learning material (and access to e-learning modules covering the basic US guided nerve blocks), 5 one hour workshops, lunch, and coffee breaks. The optional try out of the certification prototype in progress is complimentary.

**Number of participants** 20.

**Registration:** e-mail [bianjens@rm.dk](mailto:bianjens@rm.dk); telephone (+ 45) 78451201